



When Can You Be Around Others After You Had Or Likely Had COVID-19?

If you tested negative for COVID-19, you can be with others 14 days after exposure or likely exposure.

I Think Or Know I Had COVID-19, And I Had Symptoms.

Employee: Contact Supervisor (Supervisor will notify appropriate personnel)

Students: text (580) 952-0540 for assistance

YOU CAN BE WITH OTHERS AFTER

24 Hours With No Fever, without the use of medicines, and Symptoms Improved and 10 Days Since Symptoms First Appeared.

Depending on your healthcare provider's advice and availability of testing, you might get tested to see if you still have COVID-19. If you will be tested, you can be around others when you have no fever, symptoms have improved, and you receive two negative test results in a row, at least 24 hours apart.

I Tested Positive For COVID-19 But Had No Symptoms.

Employee: Contact Supervisor (Supervisor will notify appropriate personnel)

Students: text (580) 952-0540 for assistance

If You Continue To Have No Symptoms, You Can Be With Others After:

10 Days Have Passed Since Test Or Release From PCP.

Depending on your healthcare provider's advice and availability of testing, you might get tested to see if you still have COVID-19. If you will be tested, you can be around others after you receive two negative test results in a row, at least 24 hours apart.

If you develop symptoms after testing positive, follow the guidance above for "I think or know I had COVID, and I had symptoms."

Guidance Based on the Recommendations of:



OKLAHOMA
State Department
of Health