

# WEEKLY MENU: MARCH 1-7

## MONDAY

### BREAKFAST

SCRAMBLED EGG  
PANCAKES ON A STICK  
SAUSAGE LINKS  
BISCUITS  
GRAVY  
HASH BROWN PATTY

### LUNCH

SPICY CHICKEN  
SANDWICH  
HAM & NOODLES AU  
GRATIN  
LEMON PEPPER FISH  
RICE & VEGGIE

### DINNER

PORK CUTTLETS  
MAC & CHEESE  
CHICKEN PARMESAN  
MASHED POTATOES  
GRAVY  
VEGGIE

## TUESDAY

### BREAKFAST

SCRAMBLED EGG  
FRENCH TOAST  
SAUSAGE PATTIES  
BISCUITS  
GRAVY  
SHREDDED HASH BROWNS

### LUNCH

HARD SHELL TACOS  
POPCORN CHICKEN WRAP  
SWEDISH MEATBALLS  
RICE  
VEGGIE

### DINNER

TATER TOT CASSEROLE  
BBQ CHICKEN QUARTERS  
CRISPITOS  
POTATOES  
VEGGIE

## WEDNESDAY

### BREAKFAST

SCRAMBLED EGG  
LOADED SCRAMBLER  
GRILLED HAM  
BISCUITS  
GRAVY  
DICED POTATOES

### LUNCH

TURKEY ROAST  
BAKED ZITTI  
BBQ RIB SANDWICH  
MASHED POTATOES  
CHICKEN GRAVY  
VEGGIE

### DINNER

PORK FITTER SANDWICH  
STEAK FINGERS  
MASHED POTATOES  
COUNTRY GRAVY  
VEGGIE

## THURSDAY

### BREAKFAST

SCRAMBLED EGG  
FRENCH TOAST STICKS  
SAUSAGE PATTY  
BISCUITS  
GRAVY  
TOTS

### LUNCH

SLICED BRISKET  
SPAGHETTI & MEATBALLS  
PHILLY STEAK HOAGIE  
HOME FRIED CHIPS  
VEGGIE

### DINNER

CHICKEN QUASADILLA  
BEEF POT PIE  
CHICKEN STRIPS  
HOME STYLE CHIPS  
VEGGIE

## FRIDAY

### BREAKFAST

SCRAMBLED EGG  
PANCAKES  
LITTLE SMOKIES  
BISCUITS  
GRAVY  
SHREDDED HASH BROWNS

### LUNCH

GRILLED CHICKEN BREAST  
CHICKEN ALFREDO  
FRENCH DIP SANDWICH  
WILD RICE  
VEGGIE

### DINNER

FISH SANDWICH  
HAM & CHEESE QUICHE  
SOFT SHELL TACOS  
RICE  
VEGGIE

### BREAKFAST

SCRAMBLED EGG  
FRENCH WAFFLES  
BACON  
BISCUITS  
GRAVY  
HASH BROWN  
PATTY

## SATURDAY

### LUNCH

CHEESE BURGERS  
TURKEY CLUB PITA  
CHICKEN  
ENCHILADAS  
TOTS  
VEGGIE

### DINNER

BBQ BEEF  
SANDWICH  
MAC & CHEESE W/  
HAM  
CHICKEN NUGGETS  
FRIES  
VEGGIE

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### BRUNCH

SCRAMBLED EGGS  
PANKACES  
SAUSAGE PATTIES  
BISCUITS  
GRAVY  
GRILLED HAM & CHEESE  
PIZZA BAKE

## SUNDAY

### DINNER

CHICKEN FRIED STEAK  
TUNA NOODLE  
CASSEROLE  
SMOTHERED BURRITOS  
MASHED POTATOES  
GRAVY  
VEGGIE

### OFFERED DAILY:

\*FRESH FRUIT, MILK & JUICE @ BREAKFAST

\*SALAD BAR, FRESH FRUIT, PIZZA. MILK & DESSERT @ LUNCH & DINNER

**VISIT**  
**DINING.OPSU.EDU**